



Academy Mission Statement

Long Island Volleyball Academy prepares student athletes to excel in competitive volleyball and the game of life by offering first rate teaching, coaching and mentoring in a positive training environment. Through competitive participation, our athletes have the opportunity to develop positive character and leadership qualities. Our commitment to achieving academic and athletic excellence for each athlete is accomplished through participation in a local, regional and national competition schedule and our College Assistance Program.

Our athletes learn to balance academics, athletics and family as they prepare for their future .Academy is committed to providing its athletes with the technical, tactical and physical training to reach their highest possible potential. We will strive to help each and every player regardless of age or ability to achieve maximum performance.

Academy looks to make a difference in the lives of our student athletes, coaches and family by continually being a source of pride for current participants, alumni and our region. Academy reaches out to the community by providing free instructional clinics to local high school, junior varsity, and junior school volleyball programs as well as coaching clinics. As part of the club and camp experience, the Academy also offers free instruction to athletes 6th grade and under. Through our combined efforts, we can raise the bar and strengthen our athletes and their abilities to play volleyball.



3733 Evans Court
Seaford, NY 11783



2011-2012 USAV Club Season

Acad

**LONG ISLAND
VOLLEYBALL ACADEMY**



*Committed
to
Excellence*



2011-2012 USAV Club Season

For more information, detailed directions
And maps, please visit our website at...
Acadvolleyball.com

Questions, Comments, Concerns?
Kevin.deslauriers@stonybrook.edu

About our Staff:

Our staff features an outstanding group of professionals that are dedicated to the teaching and training of volleyball to the Long Island community. All of our National level teams head coaches are current collegiate coaches or administrators. In addition, we have high school coaches, Empire state games coaches, current and former collegiate volleyball players.

Academy Teams:

Academy fields teams in age groups 7-18. Our teams are categorized as 'Grassroots', 13's and 14's, Regional and National.

Grassroots:

Academy is excited to build upon a very successful developmental program to provide girls as young as 7 with a comprehensive overview of each skill, team training and games in mini formats. The program is facilitated by members of the Academy coaching staff, as well as local high school varsity athletes and members of our Academy National Teams.

Local:

Local teams are for players aged 15-17
Teams will have limited travel demands and
Will be formed at Academy discretion.

13's and 14's Program:

Academy has designed the 13's and 14's program to provide the skill set and competitive foundation for young athletes to become successful in the sport of volleyball. At the direction of Stony Brook University Women's Volleyball Head Coach, Deb Matejka-DesLauriers, these athletes will receive individual and team training in a competitive environment.

Regional:

Regional teams are for our players in age groups 17-15. These teams are designed to improve individual and team skills while having a less demanding practice and travel schedule.

National:

The National team program is designed for the serious, committed player, who seeks to compete at the highest levels on a national stage. Our national teams are formatted to run like a collegiate program. All National teams will participate in a strength, conditioning and agility program in addition to practices and competitions.

Tryouts:

Tryouts will run November 13th – November 16th^d.

For more detailed information regarding tryouts visit
Our website at Acadvolleyball.com



Program Comparison

Topic	13-14's & Local	Regional Teams	National Teams
Age Groups	12-14 15-17(L)	15-18	15-18
Practice	1-2 per week	2 per week	2-3 per week
# of Coaches	1-2	1-2	2-3
# of Players	11-13	11-13	10-12
# of Tourns.	3-8	6-10	10-13
Tuition	\$800	\$1,600	\$1,750
Travel fee	\$0-300*	\$600-1,200*	\$1,000-\$2,400*
Season Start	Dec	Dec	Dec
Season End	May**	May**	May**
Tryout	Yes	Yes	Yes
Tryout Fee	\$60-13/14 \$100- (L)	\$100	\$100
Travel Area	Tri State Area	East Coast	USA

* Estimate

** Schedule may vary